



YMCA

Here for young people
Here for communities
Here for you

My Local Goole

This booklet is to provide you with local information.
If you want to find out more, you can speak to your Support Worker.



Here for young people
Here for communities
Here for you

Important Information

- 1** If you become aware of a fire, please leave the property immediately. Do not stop to collect possessions
- 2** Trigger a call point on the way out, if safe to do so
- 3** Leave the building through the nearest clearly marked safe exit – The front door
- 4** Go to the assembly point in the car park
- 5** Call the Fire Brigade on 999 (if staff are present, check they have been called)
- 6** Call YMCA on 0800 849 7368 (if staff are not present)
- 7** Do not go back into the building until told it is safe to do so by the emergency services.

For more information on your stay at the YMCA please read your full Welcome Pack.

Let's get onto telling you about your area

Local Attractions



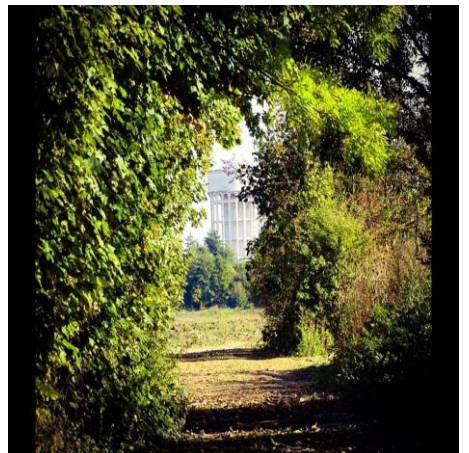
The Junction Cinema,
Paradise Place



West Park, great local open
space with cafe



Victoria Pleasure
Ground, where you
can watch Goole
Town AFC and get
involved in football
activities.



Oakhill Nature
Reserve, great walks
and quiet spaces



Here for young people
Here for communities
Here for you

Travel



You have Goole Station which is only 200 meters from your front door and is where you will catch a bus or train on Airmyn Road



Jimmy's Taxi's: 07849918023

21 Cars: 01405 766766

Health



Dentists

B & R Dental Care, 5 Belgravia, 01405 763995

Yorkshire Dental Practice, Burlington Crescent, 01405 762917



Hospital

Goole Hospital, Woodland Avenue. 01405 720720



Doctors

- **Montague Medical Practice**, 5th Avenue, 01405 762830
- **Bartholomew Medical Group**, Woodland Ave, 01405 767711

In the event of an emergency, contact 999, or call 111 if non-emergency

If your current Doctors' surgery is out of the area, we can support you to change.

Shopping & Food

On your doorstep you have a range of shops, cafes and supermarkets.

You have great access to shopping locally, and on your doorstep, you have:

- **Asda**
- **Morrisons**
- **Lidl**
- **Tesco**



Goole High Street

Just a few steps away, you have the local high street with a range of shops, and local produce at a great price.

Other local shops are:

- McDonald's
- Specsavers
- B&M Bargains
- Cash Convertors
- Greggs
- Boots

Meal Ideas



Turbo beans & cheese on toast

Make an elevated version of beans on toast using your favourite beans, plus tomatoes, garlic and chilli – they're great topped with cheese

<https://www.bbcgoodfood.com/recipes/turbo-beans-cheese-on-toast>



30 DELICIOUS RECIPES YOU CAN COOK FOR UNDER £1.

<https://www.asda.com/good-living/article/cheap-budget-meals-under-one-pound>



Cheap 30-minute meals for one

https://www.bbc.co.uk/food/collections/cheap_30-minute_meals_for_one



Budget Recipes and Cheap Dinner Ideas

<https://groceries.aldi.co.uk/en-GB/amazing-savings/budget-recipes>



Here for young people
Here for communities
Here for you

Food Banks

There may be times where money is tight, and you need the support of a local foodbank.

Two Rivers Community Pantry

Throughout these times of uncertainty many families across our Country are facing situations that they have never experience before in their lives. Our project is aimed at providing support to those who need that little bit of support. Most of the food donated to us through local supermarkets would normally go to waste. As a group we aim to make sure the people that require the support can get it. We're here to help you! Peak to reception to get a referral form

Mission Trinity

Mission Trinity is a Goole based non-profit charity run entirely by volunteers. The aim of Mission Trinity is to provide support to people from all walks of life in anyway we possibly can help.

Food Bank is based at 1 St. John Street, Goole, DN14 5QL.

Mondays - 12:30 pm to 2:00 pm

Wednesdays - 10:30 am to 12 Noon

Fridays - 10:30 am to 12 Noon

Please don't forget to check at reception as we receive donations





Here for young people
Here for communities
Here for you

Keeping Fit

Speak to your Support Worker as you may be able to access a Free Gym Pass



Goole Leisure Centre

Please note: ERL Goole is closed until 2026, due to the Goole Hub redevelopment. Alternative class, gym and club provision is available at Goole College during the closure from Tuesday, 2 January 2024 onwards. Alternative swim provision is available at Axholme North Leisure Centre, with free bus transport.



Goole Boxing Club <https://www.gooleboxingclub.org/>

Goole Amateur Boxing Club is one big family where everyone is welcome. We are open to all genders from the age of 8, providing competitive and recreational boxing training, as well as non-contact, boxing-based fitness classes. We are currently open to new members and we're here for everyone, not just those who want to box! We're shaping and developing people towards positive, fulfilling and healthy lives.

With classes throughout the week, we can cater for everyone from complete beginners to more experienced boxers and for all levels of fitness.

25 Boothferry Road,
Goole,
DN14 5DE
07395 030473

gooleboxing@gmail.com

Money

Speak to your Support Worker as you may be able to access a Free Gym Pass



Local Banks

- TSB, 85 Boothferry Rd
- Halifax, 60 Boothferry Rd
- Natwest, 13 Boothferry Rd
- Nationwide, 26 Boothferry Rd

Cashpoint

There are plenty of cashpoints in the area, the closest are the ones in the town centre or Asda.



Department
for Work &
Pensions



Job Centre North Street, Goole.

Your Support Worker can help you with this and advise what you need to do, but for more information, advice, and how to make a claim, go to:

gov.uk/universal-credit/other-financial-support



Here for young people
Here for communities
Here for you

Education

Accessing education is key to your future, don't be worried if you don't know what you want to do, you are not alone.

We can support you and provide access to organisations that can support you, there are 3 ways you access support:

- Speak to your Keyworker
- If you feel confident, feel free to contact the organisation directly

The logo for the National Careers Service, featuring the text 'National Careers Service' in white on a magenta square background.

**National
Careers
Service**

There is a website where you can search local courses nationalcareers.service.gov.uk or you can give them a call on **0800 100 900**.

They are able to offer 1-2-1 mentoring, and also give you access the Princes Trust Programmes. Many of the young people who the IAF help lack confidence, grew up in care, have poor mental health, a criminal record, addictions, or are homeless. They simply don't have the support in their life to help them overcome their issues.

Others leave education with little or no qualifications. These background barriers, in turn, affect their ability to gain, and sustain employment, education and training opportunities.



Here for young people
Here for communities
Here for you

Education



Selby College <https://www.selby.ac.uk/>

At Selby College we realise that education is more than just studying, it's also about making new friends, the place and the social life. That's why we go to great lengths to combine quality learning and success with a variety of amazing enrichment activities.

Colleges may have a bursary which is an amount of money that doesn't have to be paid back. Its aim is to help you pay for things you need to complete your course, for example, travel or lunches. This is worked out on an individual basis from your circumstances, which can be discussed with each college.

Each college has student support, which can not only help you decide which course to attend, but also support you throughout your journey. In addition to this, our Pathways and Partnership Manager Niki Parr has links with colleges so, if you do need to speak to someone to advocate for you, then contact Niki and he will be able to support you as well.

Don't worry if you have been to College before and it hasn't worked out. Maybe you just left or were even kicked out? We all make mistakes and may need a second or third chance. Niki can work with you to speak to the College and look at your options.



Doncaster College <https://don.ac.uk/>

Take some time to explore the College through the website and then please do come and see us at one of the many on-site events throughout the year, where you can see for yourself and meet with a wide range of staff and students.

We want you to enjoy your time at College and to help you meet your full potential there are dedicated teams on hand to make sure that you get the support, advice and guidance you need to help you progress to employment, further study at college, or onwards to university level. Whatever your ambitions, we're here to help them become a reality.

We offer free Careers Education, Information, Advice and Guidance sessions where you can discuss your learning goals and thoughts with experienced and qualified staff members."



Here for young people
Here for communities
Here for you

Education



Hull College.

<https://www.hull-college.ac.uk/>

At Hull College, we have one focus - to create careers, not courses. We care about your future and want to help you achieve your full potential.

We pride ourselves on this approach and are committed to ensuring you acquire the relevant skills, knowledge and experience to give you the best possible start to your career or help you progress onto university or degree-level study.

Whether you are finishing school and wanting to continue in full-time education, keen to earn while you learn as an apprentice, or contemplating returning to college after time away from education, we have a course for you here at Hull College.

We deliver a wide range of qualifications - from entry-level all the way up to Higher Education - to suit all levels. Whatever study programme you choose, you will receive the highest level of training from our specialist tutors, benefiting from their knowledge and experience of working not just in education but also in industry. Combined with our specialist on-site facilities, we've got everything you need to set you up for success.

Whether you are looking to start your career as a chef, plumber, nurse, hairdresser, fashion designer, beauty therapist, dancer, fitness instructor or teacher - we will support you every step of your journey.



Here for young people
Here for communities
Here for you

Education



York College

<https://www.yorkcollege.ac.uk/>

We are the largest further education college in the region and offer the widest choice of courses. Whether you're thinking about doing A Levels, T Levels, an apprenticeship, or a vocational programme then we are likely to have a course that is right for you. We have programmes available from Level 1 to degree level.

The way we work with staff and students is underpinned by our core values of Ambition, Care, Respect, and Success. We see these forming a partnership agreement between the College and the community we serve.

We pride ourselves on the level of support (and challenge) we give our students to be successful, both in their studies and their personal development. We have a long-standing track record of supporting students to achieve excellent results in their qualifications with us and have students going onto fantastic next steps when they have finished their studies with us.

Whether you are thinking about your next steps after school, retraining for a second career, or just interested in the opportunities available, please get in touch with us and we will be able to guide you through your options.



Here for young people
Here for communities
Here for you

Education



Askham Bryan College

<https://www.askham-bryan.ac.uk/>

Technical and professional land-based curriculum which is high quality, industry-relevant and enhances our students' employability.

We will be a leading college nationally for animal science and conservation, and sustainable food production.



Bishop Burton

<https://www.bishopburton.ac.uk/>

Bishop Burton College offers a vast range of specialist and technical courses for post-16 and adult learners.

You can choose from subjects such as Agriculture, Animal Management, Equine, Sport, Art and Design, Construction, Floristry and Business, plus many more employment-focused options.

We deliver courses at a range of levels to suit all abilities, as well as offering apprenticeships and short courses.



Here for young people
Here for communities
Here for you

Apprenticeships



College isn't for everyone. You may want to get into the world of work, get paid, as well as gain your qualification, but what are Apprenticeships?

An apprenticeship is a paid job where the employee learns and gains valuable experience.

Alongside on-the-job training, apprentices spend at least 20% of their working hours completing classroom-based learning with a college, university, or training provider, which leads to a nationally-recognised qualification.

An apprenticeship includes:

- paid employment with holiday leave
- hands-on experience in a sector/role of interest
- at least 20% off-the-job training
- formal assessment which leads to a nationally-recognised qualification

Who can apply?

An apprenticeship is a great paid work opportunity for people over the age of 16 in England who are:

- early in their career
- looking to upskill in their current job
- looking for a career-change
- not in full-time education

To find an apprenticeship, the web address below will enable you to search the local area and apply: **gov.uk/apply-apprenticeship**



Here for young people
Here for communities
Here for you

Places of Worship

St Johns Goole

Church Street, Goole, East Riding of Yorkshire DN14 5BA. Email: office@stjohnsgoole.org.uk
Tel: 01405766058

St Josephs

Pasture Rd. 01430 430245

Central Church (Methodist)

14th North Street

Hull Mosque and Islamic Centre

Address: Hull Mosque, 2 Berkeley Street, Hull, HU3 1PR, Call: +44 (0)1482 324833 Website: www.hullmosque.com



Here for young people
Here for communities
Here for you

Want to get involved?

Do you think we have missed something? Have you got an idea of how this booklet or the support we offer could be improved?

Come and talk to us, get involved
We want to hear your voice

Those all-important numbers:

Police: 999, or call 101 for non-emergency

Hospital: 999, or 111 for a non-emergency

Contact

brc.reception@ymcarhg.org

0115 837 1871

